Surrey Hills will be celebrating National Nude Food Day on Friday 1st November.

To get involved, bring a lunch that is ‘nude’. You can do this by making a lunch that is healthy, nutritious and environmentally friendly by including fresh food and getting rid of all unnecessary wrapping!

This is a great opportunity for kids to think about what they are eating and ways they can personally have an effect on keeping the environment clean and healthy by using less rubbish.

Our captains, led by our Environmental Captains Jemma and Jono, will visit classrooms on Friday 1st November to see how well everyone met the challenge and will be handing out stickers to everyone with a ‘Nude Food’ lunch. We can’t wait!

How you can get involved at home:
Visit the website below to play the interactive games, ‘Weigh up your lunch’ and ‘NFD Super Quiz’ or see if you can make other meals ‘Nude Food’ meals. Good luck!